



Health Update

*** Please fill out this form even if there are no changes to report. ***

It is important to the Sister Study that we stay updated on your health. Please take a few minutes to fill out this form and let us know if you have been diagnosed with any of the following conditions since January 2013.

Today's date: / /
month day year

Study ID#: _____

1. Since January 2013, has a doctor or other health professional told you that you had any of the following conditions?

Please mark No or Yes for each question.	NO	If YES, give the month and year of diagnosis.	
		YES	MONTH/YEAR
a. Breast cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
b. Ductal carcinoma in situ of the breast or DCIS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
c. Lobular carcinoma in situ of the breast or LCIS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
d. Lung cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
e. Ovarian cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
f. Cancer of the uterus or endometrium Please do <i>not</i> include non-cancerous conditions such as fibroids, endometriosis, or pre-cancer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
g. Cancer of the colon or rectum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
h. Melanoma Please do <i>not</i> include non-melanoma skin cancers, such as basal cell carcinoma and squamous cell carcinoma.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
i. Any other type of cancer except non-melanoma skin cancers such as basal cell carcinoma and squamous cell carcinoma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> What kind? _____
j. Heart attack or myocardial infarction (MI)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> Were you a patient in a hospital overnight? NO <input type="checkbox"/> YES <input type="checkbox"/>
k. Other heart disease, e.g., angina, congestive heart failure, arrhythmias	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> What kind? _____
l. Stroke, mini-stroke, TIA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
m. Thyroid disease, e.g., Graves' disease, overactive thyroid/hyperthyroidism, thyroiditis, underactive thyroid/hypothyroidism, or other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> What kind? _____
n. Autoimmune disease, e.g., rheumatoid arthritis, lupus, scleroderma, multiple sclerosis, or other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> What kind? _____
o. Parkinson's disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
p. Hypertension or high blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
q. Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
r. Hip, wrist or other fracture	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> What kind? _____
s. Any other major illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> What kind? _____

PLEASE CONTINUE ON THE BACK →

2. Have you gone through menopause?

- Yes
 No
 Don't Know

3. What month and year did you have your last menstrual period or how old were you when you had your last menstrual period?

/ OR
MONTH YEAR AGE

4. Have you ever smoked at least one cigarette per day for six months or longer?

- Yes
 No → GO TO QUESTION 7

5. What best describes your smoking status?

- Stopped smoking cigarettes
 Currently smoking cigarettes

6. During the years you smoked, how many cigarettes do/did you usually smoke per day?

- Less than one pack per day
 One pack per day
 More than one pack per day

7. Are you currently using hormones for hormone replacement (HRT)? Please include pills and patches. Common brand and generic names are Prempro, Premarin, Estrace, estradiol, Provera, medroxyprogesterone, etc.

- Yes
 No

After completing this form, please mail it to the address below.
A postage-paid envelope is provided. Thank you!

The Sister Study, 4505 Emperor Blvd, Suite 400, Durham, NC 27703
phone: 1-877-4SISTER (1-877-474-7837); email: update@sisterstudy.org

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