

The Sister Study Health and Medical History Version 4

Instructions:

- Please use DARK BLUE OR BLACK BALLPOINT PEN.
- Mark only one answer for each question unless otherwise indicated.
- Follow the arrow from your response to find the next question.
- Only write comments in the spaces provided.
- Please keep this questionnaire clean, flat, and dry.
- Do not fold or tear any of the pages.

Fill in the bubbles COMPLETELY for each of the questions in this form.

Like this:

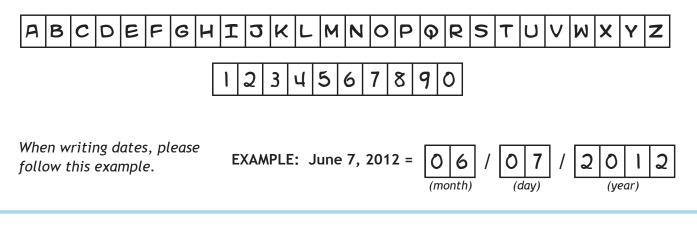
Not like this: ∞ \checkmark

If you must change an answer, please mark a single horizontal line through the incorrect answer and bubble in the correct answer completely.

Like this: -

Not like this: KYES

Please write responses in all capital letters and numbers without touching the sides of the boxes.

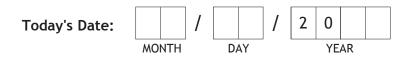


Public reporting burden for this collection of information is estimated to average 20 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0522). Do not return the completed form to this address.

U.S. Department of Health and Human Services / National Institutes of Health / National Institute of Environmental Health Sciences



Your continued participation in the Sister Study is completely voluntary and greatly appreciated. If you are not comfortable answering a question, just skip it and go to the next one. All information you share will be kept confidential.



GENERAL HEALTH

1. In the past 24 months, would you say your health has generally been...

O excellent,
O very good,
O good,
O fair, or
O poor?

2. In the past 24 months, have you...

	No	Yes
a. had a routine physical exam?	0	0
b. been to a dentist for a routine check-up or cleaning?	0	0
c. had a Pap smear?	0	0
d. had a breast exam by a doctor or other health professional?	0	0
e. had a screening mammogram?	0	0
f. had a screening ultrasound of the breast?	0	0
g. had a screening MRI of the breast?	0	0
h. had a bone density scan or osteoporosis screening?	0	0
i. had a screening colonoscopy or sigmoidoscopy exam?	0	0
j. had an ultrasound of the uterus?	0	0



3. Do you have any form of general health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare or Medicaid?

○ No ○ Yes

4. Was there a time in the past 12 months when you needed to see a doctor but did not because of the cost?

 $\circ No$

○ Yes

5. Since January 1, 2009, have you ever been unable to get screening mammography because your insurance doesn't cover it or you don't have access to screening through your work or other sources?

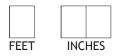
 \circ No

○ Yes

6. What is your current weight (in pounds)?

P	DUNE)S

7. What is your current height?

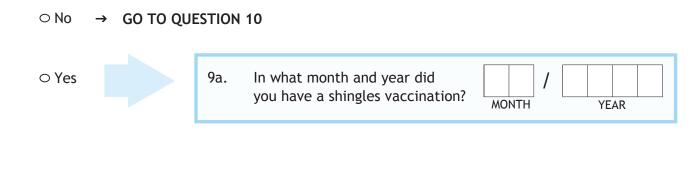


8. Since January 1, 2009, how many times have you lost 20 pounds (9 kilograms) or more and then later gained all the weight back? (*If none, please enter "00".*)

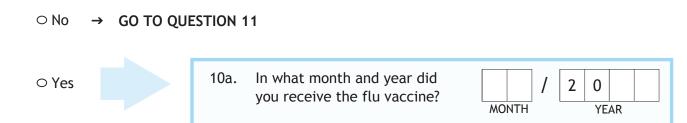




9. Have you ever been vaccinated for shingles (herpes zoster)?

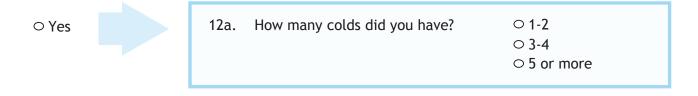


10. In the past 12 months, did you get vaccinated for the flu (either a flu shot or nasal spray)?



- 11. During the past 12 months, did you have any cold sores?
 - No
 Yes, 1-2 times
 Yes, 3 or more times
- 12. During the past 12 months, did you have any colds?

\bigcirc No \rightarrow GO TO QUESTION 13



13. During the past 12 months, did you have the flu or influenza? The flu is a respiratory illness with fever. Other symptoms include weakness, fatigue, and muscle aches.

○ No

○ Yes



FAMILY MEDICAL HISTORY

14. Since January 1, 2009, were any of your sisters diagnosed with breast cancer for the first time?

○ No ○ Yes

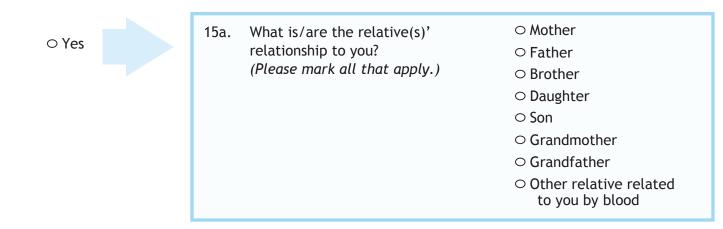
 \bigcirc No

 \bigcirc No

 \rightarrow

GO TO QUESTION 16

15. Since January 1, 2009, have any **other** close blood relatives of yours been diagnosed with breast cancer **for the first time**?



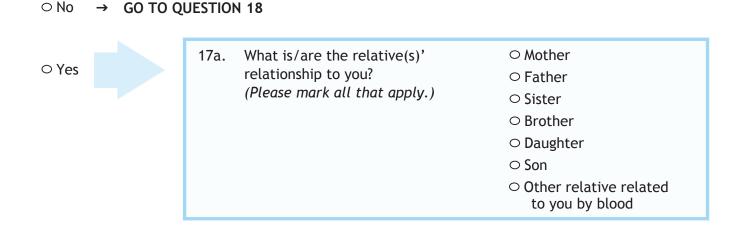
16. Since January 1, 2009, have **any** close blood relatives of yours been diagnosed with ovarian cancer **for the first time**?

→ GO TO THE NEXT PAGE, QUESTION 17

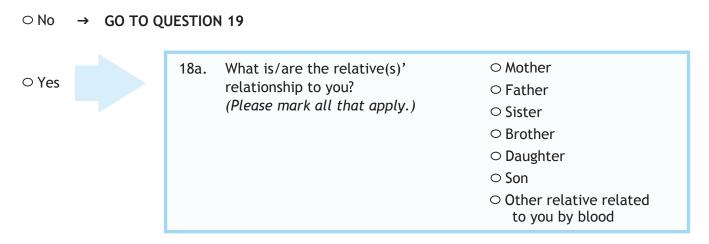
○ Yes	16a.	What is/are the relative(s)' relationship to you? (Please mark all that apply.)	 Sister Mother Daughter Grandmother Other relative related to you by blood



17. Have any close blood relatives of yours ever been diagnosed with Parkinson's disease?

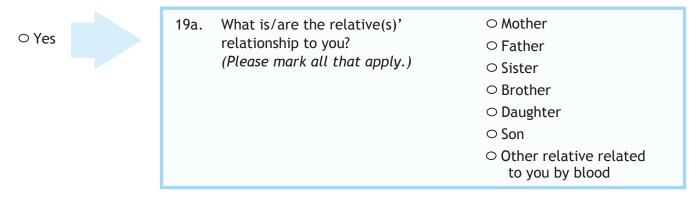


18. Have any close blood relatives of yours ever been diagnosed with Alzheimer's disease?



19. Have any close blood relatives of yours ever been diagnosed with diabetes?

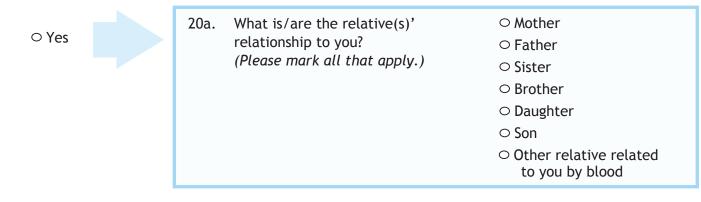
\bigcirc No → GO TO THE NEXT PAGE, QUESTION 20





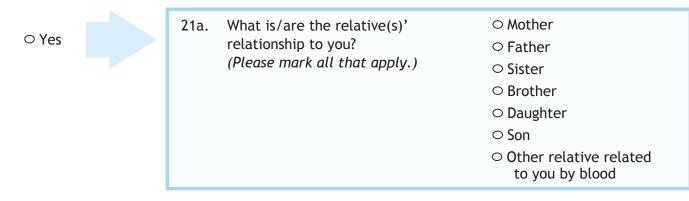
20. Have any close blood relatives of yours ever been diagnosed with heart disease?

 \bigcirc No \rightarrow GO TO QUESTION 21



21. Have any close blood relatives of yours ever had a stroke?

\odot No \rightarrow GO TO THE NEXT PAGE, QUESTION 22





PERSONAL MEDICAL HISTORY

We are interested in changes to your health in the past few years. Please think about your medical history **since January 1, 2009**.

	a doctor or other health fessional told you that you I	NEVER OR BEFORE 1/1/2009	DIAGNOSED 1/1/2009 OR LATER	a. If diagnosed January 1, 2009 or later, what month and year were you diagnosed?
22.	breast cancer? Please do not include in situ cancer.	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
23.	ductal (breast) carcinoma in situ (DCIS)?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
24.	lobular (breast) carcinoma in situ (LCIS)?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
25.	lung cancer?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
26.	ovarian cancer?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
27.	cancer of the uterus or endometrium? Please do not include non-cancerous conditions such as fibroids, endometriosis, or pre-cancer.	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
28.	cancer of the colon or rectum?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
29.	Hodgkin's disease or Hodgkin's lymphoma?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
30.	non-Hodgkin's lymphoma?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
31.	leukemia?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR



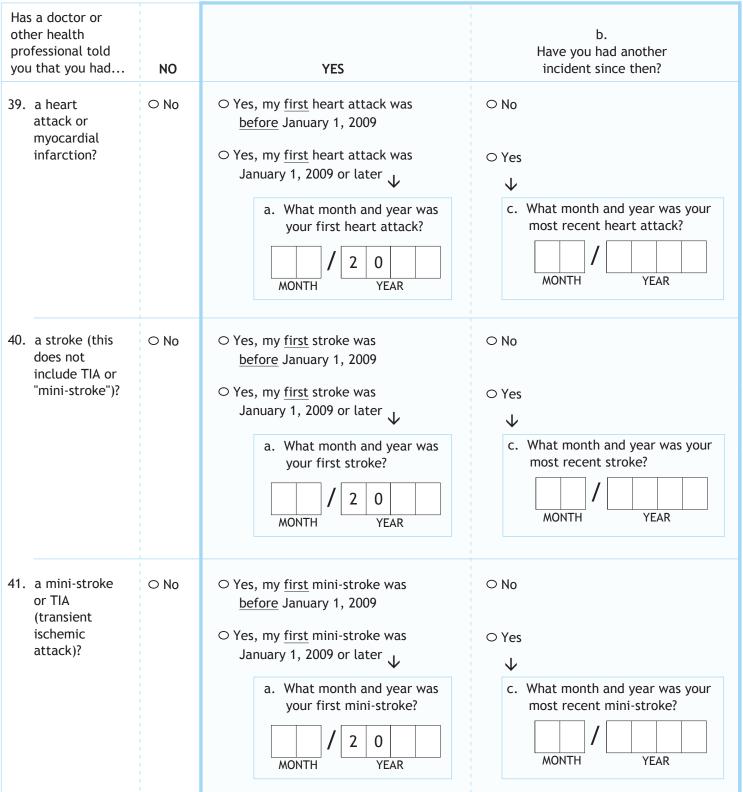
Has a doctor or other health professional told you that you had	NEVER OR BEFORE1/1/2009	DIAGNOSED 1/1/2009 OR LATER	a. If diagnosed January 1, 2009 or later, what month and year were you diagnosed?
32. malignant melanoma?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH YEAR
33. skin cancer (not malignant melanoma)?	 ○ Never diagnosed ○ Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	 a. MONTH/YEAR DIAGNOSED A. MONTH / 2 0 / YEAR b. Was it (Please mark all that apply.) basal cell? o squamous cell? o other?
34. any other type of cancer not already listed?	○ Never diagnosed ○ Diagnosed <u>before</u> January 1, 2009	○ Diagnosed January 1, 2009 or later	 a. MONTH/YEAR DIAGNOSED / 2 0 YEAR b. Please specify what type of cancer: C. If you were diagnosed with a second other type of cancer January 1, 2009 or later, what month and year were you diagnosed? / 2 0 MONTH YEAR d. Please specify what type of cancer:





Has a doctor or other health professional ever told you that you had	NO	YES	b. Have you experienced any symptoms in the past 12 months?
35. hypertension or high blood pressure?	○ No	 ○ Yes, <u>first</u> diagnosed <u>before</u> January 1, 2009 ○ Yes, <u>first</u> diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? ↓ ↓	○ No ○ Yes
36. angina?	○ No	 ○ Yes, <u>first</u> diagnosed <u>before</u> January 1, 2009 ○ Yes, <u>first</u> diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? ↓ ↓	○ No ○ Yes
37. cardiac arrhythmia (irregular heartbeat)?	○ No	 ○ Yes, <u>first</u> diagnosed <u>before</u> January 1, 2009 ○ Yes, <u>first</u> diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? ↓ ↓	⊖ No ⊖ Yes
38. congestive heart failure?	⊖ No	 ○ Yes, <u>first</u> diagnosed <u>before</u> January 1, 2009 ○ Yes, <u>first</u> diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? ↓ ↓	○ No ○ Yes

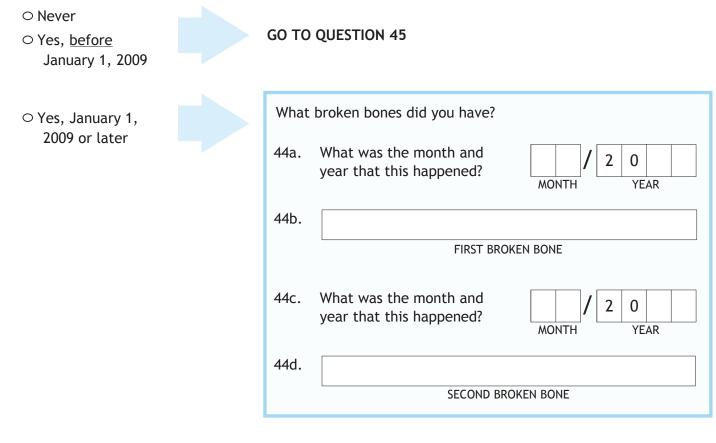






Since January 1, 2009, have you had	NEVER OR BEFORE 1/1/2009	1/1/2009 OR LATER	a. How many times has this happened since January 1, 2009?	b. What was the month and year that this first happened since January 1, 2009?
42. a hip fracture?	○ Never ○ <u>Before</u> January 1, 2009	○ January 1, 2009 or later	# TIMES	MONTH YEAR
43. a wrist fracture?	○ Never ○ <u>Before</u> January 1, 2009	○ January 1, 2009 or later	# TIMES	MONTH YEAR

44. Since January 1, 2009, have you had any other broken bones?



			a. If yes, how many times?	b. Age at first injury?	c. Age at most recent injury?
45. Have you ever had a serious head injury that resulted in unconsciousness, coma, or hospitalization?	⊖ No	⊖ Yes	# TIMES	AGE	AGE



\circ Never						
○ Yes, <u>before</u> January 1, 2009	GO TO QUESTION 47					
○ Yes, January 1, 2009 or later		-	ı were injured January 1, 200 es did you have?	09 or later, what type of		
		46a.	What month and year were you injured?	MONTH YEAR		
		46b.				
		FIRST OTHER MAJOR INJURY				
		46c.	What month and year were you injured?	MONTH YEAR		
		46d.				
		SECOND OTHER MAJOR INJURY				

Has a doctor or other health professional ever told you that you had	NO	YES
47. diabetes?	NO O No	YES ○ Yes, first diagnosed before January 1, 2009 or later → a. What month and year were you diagnosed? . Yes, first diagnosed January 1, 2009 or later → b. Do you still have this condition? ○ No ○ Yes c. Do you currently take insulin for diabetes? ○ No → GO TO THE NEXT PAGE, QUESTION 48 ○ Yes d. If yes, when did you first use insulin?
		MONTH YEAR





Has a doctor or other health professional ever told you that you had	NO	YES	b. Have you experienced any symptoms in the past 12 months?
48. allergic rhinitis, hay fever, or seasonal allergies?	⊖ No	 ○ Yes, <u>first</u> diagnosed <u>before</u> January 1, 2009 ○ Yes, <u>first</u> diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? / 2 0 YEAR 	○ No ○ Yes
49. asthma?	⊖ No	 ○ Yes, <u>first</u> diagnosed <u>before</u> January 1, 2009 ○ Yes, <u>first</u> diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? <u>MONTH</u> <u>YEAR</u> 	⊖ No ⊖ Yes
50. depression?	⊖ No	 ○ Yes, <u>first</u> diagnosed <u>before</u> January 1, 2009 ○ Yes, <u>first</u> diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? ↓ 2 0 MONTH YEAR 	○ No ○ Yes
51. periodontal (gum) disease?	⊖ No	 ○ Yes, <u>first</u> diagnosed <u>before</u> January 1, 2009 ○ Yes, <u>first</u> diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? ↓ ↓	○ No ○ Yes



Since January 1, 2009, has a doctor or other health professional told you that you had	NEVER OR BEFORE 1/1/2009	DIAGNOSED 1/1/2009 OR LATER	a. If diagnosed January 1, 2009 or later, what month and year were you diagnosed?
52. chronic bronchitis?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
53. emphysema?	 ○ Never diagnosed ○ Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH YEAR
54. chronic obstructive pulmonary disease (COPD)?	 ○ Never diagnosed ○ Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH YEAR
55. Graves' disease?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH YEAR
56. other hyperthyroidism (overactive thyroid)?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH YEAR
57. Hashimoto's thyroiditis?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH YEAR
58. other hypothyroidism (underactive thyroid)?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
59. an enlarged thyroid or goiter?	 ○ Never diagnosed ○ Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH YEAR
60. thyroid nodules?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH YEAR
61. another thyroid problem? Please do not include thyroid cancer.	○ Never diagnosed ○ Diagnosed <u>before</u> January 1, 2009	○ Diagnosed January 1, 2009 or later	a. MONTH/YEAR DIAGNOSED



Since January 1, 2009, has a doctor or other health professional told you that you had	NEVER OR BEFORE	DIAGNOSED 1/1/2009 OR LATER	a. If diagnosed January 1, 2009 or later, what month and year were you diagnosed?
62. osteoporosis?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
63. osteopenia, or low bone density?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
64. osteoarthritis (age-related arthritis)?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
65. rheumatoid arthritis?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
66. multiple sclerosis?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
67. scleroderma or systemic sclerosis?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH YEAR
68. systemic lupus erythematosus (SLE)?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
69. discoid lupus?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
70. Sjögren's syndrome?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
71. Crohn's disease?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
72. ulcerative colitis?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR
73. shingles?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0 YEAR



Has a doctor or other health professional ever told you that you had	NO	YES
that you had 74. migraine headaches?	NO O No	YES ○ Yes, first diagnosed before January 1, 2009 ○ Yes, first diagnosed January 1, 2009 or later → a. What month and year were you diagnosed? □ / 2 0 MONTH YEAR b. Was the diagnosis of migraine made by a (Please mark all that apply.) ○ Headache specialist ○ Other physician ○ Other physician ○ Other health professional c. Which kind of migraines do you get? ○ With visual aura ○ Without visual aura ○ Both types with similar frequency d. During the past 12 months, how often have you had a migraine? ○ Never ○ Monthly or less ○ Biweekly ○ Daily e. During the past 12 months, how long on average have your migraines usually lasted?
		 A day Several days One week or longer





hea	a doctor or other lth professional told that you had	NEVER OR BEFORE 1/1/2009	DIAGNOSED 1/1/2009 OR LATER	a. If diagnosed January 1, 2009 or later, what month and year were you diagnosed?
75.	polyps in the colon or rectum?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0
76.	polycystic ovarian syndrome or PCOS?	 Never diagnosed Diagnosed before January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH YEAR
77.	ovarian cysts?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0 YEAR
78.	endometriosis?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0 YEAR
79.	uterine fibroids or fibroid tumors?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH YEAR
80.	gallstones or gallbladder disease?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0 YEAR
81.	Parkinson's disease?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH YEAR
82.	Alzheimer's disease?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0
83.	mild cognitive impairment?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH YEAR
84.	kidney failure requiring dialysis or transplant?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0
85.	kidney stones?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
86.	other kidney disease?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0



Has a doctor or other health professional told you that you had	NEVER OR BEFORE 1/1/2009	DIAGNOSED 1/1/2009 OR LATER	a. If diagnosed January 1, 2009 or later, what month and year were you diagnosed?
87. gout?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH YEAR
88. cataracts?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0 YEAR
89. glaucoma?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	 ○ Diagnosed January 1, 2009 or later 	MONTH / 2 0
90. macular degeneration?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH / 2 0
91. hearing loss?	 Never diagnosed Diagnosed <u>before</u> January 1, 2009 	○ Diagnosed January 1, 2009 or later	MONTH YEAR

The following are some conditions we have not asked about in the past. Please tell us if you have ever been diagnosed with any of these conditions and when you were first diagnosed.

Has a doctor or other health professional ever told you that you had NO		YES	a. If yes, what year were you first diagnosed?	
91b.	pulmonary embolism?	○ No	⊖ Yes	YEAR
91c.	deep vein thrombosis, DVT, or deep vein blood clots in your legs or somewhere else?	⊖ No	⊖ Yes	YEAR



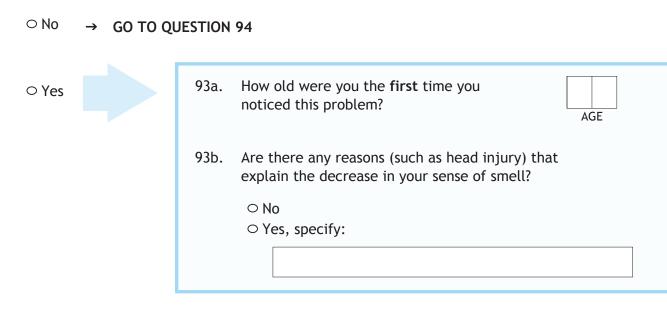


92. Since January 1, 2009, have you experienced any of the following <u>medical</u> <u>symptoms</u>? (*Please mark a response for each item below*.)

		No	Yes
a.	swelling in your wrist, finger, elbow, or knee joints lasting six or more weeks?	0	0
b.	joint stiffness in the mornings, lasting at least one hour, and for more than six weeks (do not include stiffness related or due to an injury or surgery)?	0	0
c.	daily, persistent, troublesome dry eyes for more than 3 months, or a recurrent feeling of sand or gravel in your eyes, or use of tear substitutes more than 3 times a day?	0	0
d.	a daily feeling of dry mouth for more than 3 months, or frequent drinking of liquids to aid in swallowing dry foods, or recurrently or persistently swollen salivary glands?	0	0
e.	a tremor or trembling in either of your hands?	0	0
f.	walking or other movements getting noticeably slower?	0	0
g.	handwriting getting noticeably smaller?	0	0
h.	difficulty getting started when walking or making other movements?	0	0
i.	wheezing or whistling in your chest?	0	0
j.	shortness of breath when hurrying on level ground, or when walking up a slight hill, or when climbing a flight of stairs at your usual pace?	0	0
k.	shortness of breath when at rest?	0	0
ι.	shortness of breath when lying down?	0	0
m	shortness of breath when walking?	0	0
n.	swelling (or edema) in your legs?	0	0
0.	excessive sweating other than due to menopause?	0	0
p.	unexplained and unintentional weight loss of 10 or more pounds?	0	0



93. Do you suffer from a decrease in or loss of your sense of smell?



- 94. Have you experienced the following at least once a week in the past year? (Please mark a response for each item below.)
 - a. Heartburn (a burning discomfort behind the breast bone in your chest)
 - No ○ Yes
 - b. Acid regurgitation/reflux (a bitter or sour tasting fluid coming into your throat or mouth)
 - No ○ Yes

		NO	YES	a. If yes, for how many years have you had this symptom?
e	Fince January 1, 2009, have you experienced coughing on most days for three months or more out of a year?	⊖ No	⊖ Yes	○ 1 year○ 2 or more years
u o	Fince January 1, 2009, have you brought up phlegm on most days for three months or more out of a year (do not count phlegm from the nose)?	○ No	⊖ Yes	○ 1 year ○ 2 or more years



97. Since January 1, 2009, have you had a mammogram, breast ultrasound, or breast MRI?

\odot No \rightarrow GO TO THE NEXT PAGE, QUESTION 98

○ Yes	97a. How many times did you have a mammogram, breast ultrasound, or breast MRI since January 1, 2009? # TIME	S
	97b. What was the month and year of your most recent mammogram, breast ultrasound, or breast MRI?	/ 2 0 H YEAR
	97c. Since January 1, 2009, have you been told you had abnormal findings on a mammogram, breast ultrasound, or breast MRI? ○ Yes	→ GO TO THE NEXT PAGE, QUESTION 98
	97d. What was the month and year of your most recent test with abnormal findings?	DNTH YEAR
	findings at the most recent test? \circ R	eft breast light breast oth breasts
	for this abnormal test, what was the doctors' recommendation? O Did they tell you to O O O O H	Come back in 12 months or more for usual follow-up Come back in 6-11 months Come back in 3-5 months Come back in less than 3 months Have a breast biopsy, surgery, or other treatment Don't know
	any of the following? (Please mark all that apply.) C C C C C C C C C C C C C	Breast cysts Fibrocystic breasts Breast calcifications Dense breasts Jneven or one-sided densities Fibroadenoma Other Don't know



\bigcirc No \rightarrow GO TO QUESTION 99

○ Yes	98a. On how many occasions have you had this since January 1, 2009?	# OCCASIONS
	98b. What was the month and year of your most recent procedure?	MONTH YEAR
	98c. On which breast was the most recent cyst aspiration or removal performed?	 ○ Left breast ○ Right breast ○ Both breasts
	98d. Following the most recent procedure, what was the doctors' recommendation? Did they tell you to	 Come back in 12 months or more for usual follow-up Come back in 6-11 months Come back in 3-5 months Come back in less than 3 months Have a breast biopsy, surgery, or other treatment Don't know

99. Since January 1, 2009, have you had a needle biopsy to diagnose or rule out a breast condition?

\odot No \rightarrow GO TO THE NEXT PAGE, QUESTION 100

○ Yes	99a. On how many occasions have you had this since January 1, 2009?	# OCCASIONS
	99b. What was the month and year of your most recent procedure?	MONTH YEAR
	99c. On which breast was the most recent needle biopsy performed?	 Left breast Right breast Both breasts
	99d. Following the most recent procedure, what was the doctors' recommendation? Did they tell you to	 Come back in 12 months or more for usual follow-up Come back in 6-11 months Come back in 3-5 months Come back in less than 3 months Have a different type of breast biopsy, surgery, or other treatment Don't know



100. Since January 1, 2009, have you had a surgical biopsy or a biopsy other than a needle biopsy to diagnose or rule out a breast condition?



○ Yes	100a. On how many occasions have you had this since January 1, 2009?	# OCCASIONS
	100b. What was the month and year of your most recent procedure?	MONTH YEAR
	100c. On which breast was the most recent biopsy performed?	 ○ Left breast ○ Right breast ○ Both breasts
	100d. Following the most recent procedure, what was the doctors' recommendation? Did they tell you to	 Come back in 12 months or more for usual follow-up Come back in 6-11 months Come back in 3-5 months Come back in less than 3 months Have a different type of breast biopsy, surgery, or other treatment Don't know



101. Since January 1, 2009, have you had a breast lump or lumps removed (lumpectomy or excisional biopsy)?

GO TO QUESTION 102

 $\circ No$

 \rightarrow

○ Yes	101a.	On how many occasions have you had this since January 1, 2009?	# OCCASIONS
	101b.	What was the month and year of your most recent procedure?	MONTH YEAR
	101c.	On which breast was the most recent lumpectomy or excisional biopsy performed?	 ○ Left breast ○ Right breast ○ Both breasts
	101d.	Following the most recent procedure, what was the doctors' recommendation? Did they tell you to	 Come back in 12 months or more for usual follow-up Come back in 6-11 months Come back in 3-5 months Come back in less than 3 months Have a different type of biopsy, surgery, or other treatment Don't know

	e January 1, , have you had	NEVER OR BEFORE 1/1/2009	1/1/2009 OR LATER	a. Why was this done?	b. If you had this procedure January 1, 2009 or later, what was the month and year?
102.	a mastectomy of your left breast?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	 To treat breast cancer To prevent breast cancer Both 	MONTH YEAR
103.	a mastectomy of your right breast?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	 To treat breast cancer To prevent breast cancer Both 	MONTH YEAR



Since January 1, 2009, were you told you had any of the following after a cyst aspiration, cyst removal, needle biopsy, surgical biopsy, lumpectomy, or mastectomy?

	e January 1, 2009, e you had	NEVER OR BEFORE 1/1/2009	1/1/2009 OR LATER	a. If you had this January 1, 2009 or later, what was the month and year?
104.	fibrocystic or benign nonproliferative changes within normal range? For example, cysts, mild hyperplasia, benign calcifications, fibrosis, etc.	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH YEAR
105.	fibroadenoma?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	b. What type? Simple fibroadenoma Complex fibroadenoma Both Don't know
106.	proliferation without atypia ? For example, sclerosing adenosis, intraductal papilloma, moderate hyperplasia, suspicious calcifications, etc.	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH YEAR
107.	atypical hyperplasia?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH / 2 0 YEAR b. What type? • Atypical ductal hyperplasia • Atypical lobular hyperplasia • Both • Don't know
108.	ductal carcinoma in situ (DCIS)?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH YEAR
109.	lobular carcinoma in situ (LCIS)?	 ○ Never ○ Yes, <u>before</u> January 1, 2009 	○ Yes, January 1, 2009 or later	MONTH YEAR
110.	breast cancer?	 ○ Never ○ Yes, <u>before</u> January 1, 2009 	○ Yes, January 1, 2009 or later	MONTH YEAR
111.	other changes?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH YEAR



112. Regardless of the findings, did you keep a copy of the pathology report(s) from the cyst aspiration, cyst removal, needle biopsy, surgical biopsy, lumpectomy, or mastectomy that you are willing to share with us?

 \circ No

○ Yes → PLEASE INCLUDE A COPY WITH YOUR COMPLETED QUESTIONNAIRE.

 \odot Not applicable

113. Other than during breastfeeding or pregnancy, were you ever diagnosed with mastitis?

 $\circ No$

○ Yes

	January 1, 2009, you had	NEVER OR BEFORE 1/1/2009	1/1/2009 OR LATER	a. If you had this procedure January 1, 2009 or later, what was the month and year?
114.	breast reduction surgery on your left breast?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH / 2 0 YEAR
115.	breast reduction surgery on your right breast?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH / 2 0 YEAR

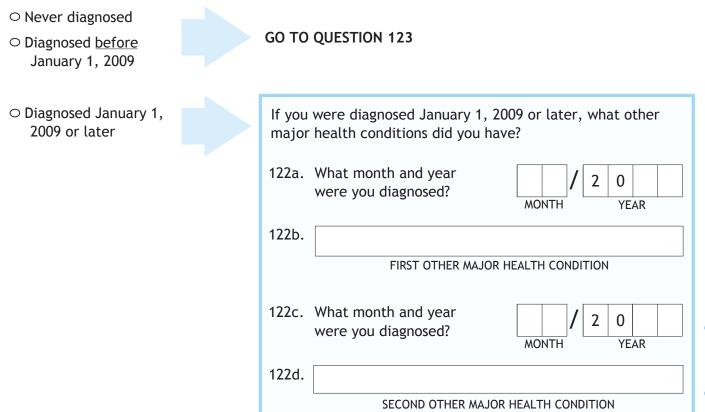


	January 1, 2009, you had	NEVER OR BEFORE 1/1/2009	1/1/2009 OR LATER	a. If you had this procedure January 1, 2009 or later, what was the month and year?	b. Did you have a silicone gel implant?
116.	breast reconstruction surgery on your left breast?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH YEAR	○ No ○ Yes
117.	breast reconstruction surgery on your right breast?	 ○ Never ○ Yes, <u>before</u> January 1, 2009 	○ Yes, January 1, 2009 or later	MONTH / 2 0 YEAR	○ No ○ Yes
118.	breast enlargement surgery on your left breast?	○ Never ○ Yes, <u>before</u> January 1, 2009	 ○ Yes, January 1, 2009 or later 	MONTH / 2 0 YEAR	○ No ○ Yes
119.	breast enlargement surgery on your right breast?	 Never Yes, <u>before</u> January 1, 2009 	 ○ Yes, January 1, 2009 or later 	MONTH / 2 0 YEAR	○ No ○ Yes

	e January 1, 2009, e you had	NEVER OR BEFORE 1/1/2009	1/1/2009 OR LATER	a. If you had this procedure January 1, 2009 or later, what was the month and year?	b. Was this a silicone gel implant?
120.	a breast implant surgically removed from your left breast?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH YEAR	○ No ○ Yes
121.	a breast implant surgically removed from your right breast?	○ Never ○ Yes, <u>before</u> January 1, 2009	○ Yes, January 1, 2009 or later	MONTH YEAR	○ No ○ Yes



122. Since January 1, 2009, have you had <u>any other major health condition</u>?



MENSTRUAL HISTORY

- 123. Have you had a menstrual period or pregnancy in the past 10 years?
 - \circ No \rightarrow GO TO PAGE 34, QUESTION 132
 - Yes → GO TO PAGE 30, QUESTION 124





- 124. Are you currently pregnant or breastfeeding?
 - \bigcirc No \rightarrow GO TO NEXT QUESTION, 124a
 - \odot Yes \rightarrow GO TO PAGE 32, QUESTION 125
 - 124a. Have you had a menstrual period in the past 12 months?
 - No → ANSWER BOX A BELOW
 - Yes → ANSWER BOX B ON THE NEXT PAGE

BOX A

THIS BOX IS FOR WOMEN WHO HAVE <u>NOT</u> HAD A MENSTRUAL PERIOD IN THE PAST 12 MONTHS AND ARE NOT PREGNANT OR BREASTFEEDING. ALL OTHERS GO TO QUESTION 124d.

124b. Why did your periods stop?

- O My periods stopped on their own (naturally).
- My periods stopped on their own but I began taking hormone replacement therapy before my periods fully stopped.
- O My periods stopped after my uterus or ovaries were removed

(be sure to answer questions 163 and 164).

- O My periods stopped due to radiation or chemotherapy.
- O My periods stopped due to medicine that causes the ovaries to make less hormones or medicine that has this as a side effect.
- My periods stopped because I am taking the kind of birth control pills that make me not have periods.
- O My periods stopped for some other reason, please describe:



124c. What month and year did you have your last menstrual period or how old were you when you had your last menstrual period?



GO TO PAGE 32, QUESTION 125



BOX B THIS BOX IS FOR WOMEN WHO HAVE HAD A MENSTRUAL PERIOD IN THE PAST 12 MONTHS. 124d. When was your last menstrual period? 2 0 MONTH YEAR 124e. What statement best describes you? O My periods have not stopped and I am not taking hormones. O My periods have not stopped but I am taking hormones. O My periods stopped temporarily but restarted when I stopped taking birth control pills. GO TO PAGE 32, **QUESTION 125** • My periods stopped temporarily, but I have had episodes of bleeding since the time when I started taking hormones. O My periods stopped temporarily but restarted when I began taking hormone replacement therapy. OR • My periods stopped sometime in the last 12 months. \rightarrow GO TO QUESTION 124f 124f. Why did your periods stop? • My periods stopped on their own (naturally). O My periods stopped on their own but I began taking hormone replacement therapy before my periods fully stopped. O My periods stopped after my uterus or ovaries were removed (be sure to answer questions 163 and 164). O My periods stopped due to radiation or chemotherapy. O My periods stopped due to medicine that causes the ovaries to make less hormones or medicine that has this as a side effect. O My periods stopped because I am taking the kind of birth control pills that make me not have periods. O My periods stopped for some other reason, please describe:



REPRODUCTIVE HISTORY AND HORMONES

- 125. Have you had a pregnancy since January 1, 2009?
 - \odot No \rightarrow GO TO PAGE 34, QUESTION 132

○ Yes	125a. Are you currently pregnant?	○ No ○ Yes
	125b. How many times have you been pregnant since January 1, 2009 (including your current pregnancy, if you are pregnant now)?	# TIMES



THIS SECTION IS FOR WOMEN WHO HAVE BEEN PREGNANT SINCE JANUARY 1, 2009. ALL OTHERS GO TO THE NEXT PAGE, QUESTION 132.

		FIRST PREGNANCY (since January 1, 2009)	SECOND PREGNANCY (since January 1, 2009)
126.	How did this pregnancy end?	 ○ Still pregnant now ○ Single live birth ○ Twins, live births ○ Other multiple live births → ○ Stillbirth(s) # BABIES ○ Miscarriage ○ Induced abortion ○ Molar or ectopic pregnancy 	 Still pregnant now Single live birth Twins, live births Other multiple live births → Stillbirth(s) # BABIES Miscarriage Induced abortion Molar or ectopic pregnancy
127.	How many weeks did this pregnancy last (or has it lasted so far, if now pregnant)?	 Less than 8 weeks 8 to 12 weeks 13 to 16 weeks 17 to 24 weeks 25 to 36 weeks 37 to 41 weeks 42 weeks or more 	 Less than 8 weeks 8 to 12 weeks 13 to 16 weeks 17 to 24 weeks 25 to 36 weeks 37 to 41 weeks 42 weeks or more
128.	What month and year did this pregnancy end?	MONTH / 2 0 YEAR OR O Still pregnant now	MONTH / 2 0 YEAR OR O Still pregnant now
129.	What was the sex of the baby or babies?	 ○ Single male ○ Single female ○ Multiple → □ ○ Don't know # MALES # FEMALES 	 ○ Single male ○ Single female ○ Multiple → ○ Don't know # MALES # FEMALES
130.	How long did you breastfeed (or have you been breastfeeding)?	 ○ Less than one month ○ 1-3 months ○ 4-6 months ○ 7-12 months ○ 13-24 months ○ More than 24 months ○ Did not breastfeed/ not applicable → GO TO NEXT PREGNANCY OR 	 ○ Less than one month ○ 1-3 months ○ 4-6 months ○ 7-12 months ○ 13-24 months ○ More than 24 months ○ Did not breastfeed/ not applicable
131.	Are you still	QUESTION 132	QUESTION 132
•	breastfeeding?	⊖ Yes	⊖ Yes

IF YOU HAVE HAD MORE THAN 2 PREGNANCIES SINCE JANUARY 1, 2009, PLEASE ANSWER THE SAME QUESTIONS FOR EACH PREGNANCY AND RECORD YOUR ANSWERS ON A SEPARATE SHEET OF PAPER.



132. Since January 1, 2009, have you used <u>any hormonal birth control</u>?

○ No → GO TO QUESTION 140

 \circ Yes

Since you u	January 1, 2009, have sed	NO	YES	a. If yes, how many months in all have you used this since January 1, 2009?	b. Are you currently using this?
133.	birth control pills?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
134.	birth control patches?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
135.	a hormonal IUD (intrauterine device)?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
136.	a Norplant implant?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
137.	a Nuva Ring?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
138.	Depo Provera?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
139.	any other hormonal birth control?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes

140. Have you ever tried for more than one year to become pregnant and did not get pregnant?

 $\odot \mathrm{No}$

 \circ Yes

141. Since January 1, 2009, have you visited a doctor, clinic, or hospital to seek help for you to become pregnant?

 $\odot \mathrm{No}$

 \circ Yes



\bigcirc No \rightarrow GO TO QUESTION 145

○ Yes

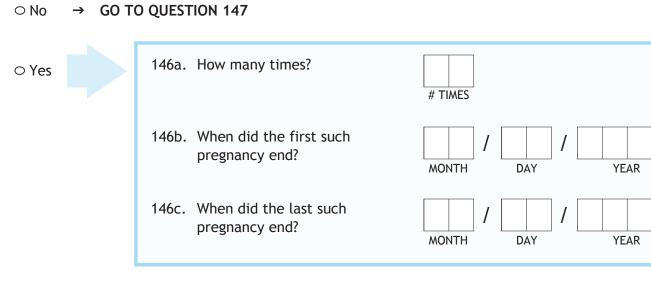
Since	January 1, 2009, have you taken	YES	a. If yes, how many months or menstrual cycles in all have you used this since January 1, 2009?	
143.	Clomiphene, Clomid, or Serophene?	⊖ No	⊖ Yes	# MONTHS/CYCLES
144.	drugs that contain follicle-stimulating hormones (FSH) — Follistim, Puregon, Gonal-F, Urofollitropin, Metrodin, Fertinex, Bravelle, human menopausal gonadotropin (hMG), menotropin, Pergonal, Humegon, or Repronex?	⊖ No	O Yes	# MONTHS/CYCLES

- 145. Have you **ever** conceived a pregnancy in a menstrual cycle where you were treated with the fertility drug Clomiphene, Clomid, or Serophene?
 - \bigcirc No \rightarrow GO TO THE NEXT PAGE, QUESTION 146

○ Yes	145a. How many times?	# TIMES
	145b. When did the first such pregnancy end?	MONTH DAY YEAR
	145c. When did the last such pregnancy end?	MONTH DAY YEAR



146. Have you **ever** conceived a pregnancy in a menstrual cycle where you were treated with drugs that contain follicle-stimulating hormone (FSH) (Metrodin, human menopausal gonadotropin (hMG), Pergonal, menotropin, Follistim, Puregon, Gonal-F, Urofollitropin, Fertinex, Bravelle, Repronex, Humegon)?



147. Has a doctor or other health professional ever told you that you had mastitis while you were breastfeeding (postnatal or lactational mastitis)?

\circ No \rightarrow GO TO THE NEXT PAGE, QUESTION 148

○ Yes	147a. How many times have you had this?	# TIMES
	147b. What was the month and year of your most recent mastitis?	MONTH YEAR
	147c. Were you ever given antibiotics to treat mastitis?	○ No ○ Yes
	147d. Were you ever given pain medication to treat mastitis?	○ No ○ Yes
	147e. Did you ever stop breastfeeding sooner than planned because of mastitis?	



The next questions are about **female hormone products** often used for hormone replacement therapy (HRT).

Since	January 1, 2009, have you used	NO	YES	a. If yes, how many months in all have you used this since January 1, 2009?	b. Do you currently use this female hormone product(s)?
148.	a combined pill containing both estrogen and progesterone (such as Prempro)?	⊖ No	⊖ Yes	# MONTHS	○ No ○ Yes
149.	an estrogen-only pill (such as Premarin) with no additional progesterone in any form?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
150.	an estrogen pill (such as Premarin) and a separate progesterone pill (such as Provera) or progesterone shot?	O No	⊖ Yes	# MONTHS	○ No ○ Yes
151.	an estrogen-only patch with no additional progesterone in any form?	O No	⊖ Yes	# MONTHS	○ No ○ Yes
152.	a patch containing both estrogen and progesterone (such as Combipatch)?	O No	⊖ Yes	# MONTHS	○ No ○ Yes
153.	an estrogen-only patch and a separate progesterone pill or progesterone shot?	○ No	⊖ Yes	# MONTHS	⊂ No ⊂ Yes
154.	progesterone alone (not for birth control)?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes



	January 1, 2009, you used	NO	YES	If yes, how many months in all have you used this since January 1, 2009?
155.	vaginal estrogen creams, rings, or suppositories?	⊖ No	⊖ Yes	 a
156.	any other estrogen products, including "natural" estrogens?	⊖ No	⊖ Yes	 a



	January 1, 2009, have sed	NO	YES	a. If yes, how many months in all have you used this since January 1, 2009?	b. Do you currently use this?
157.	tamoxifen or Nolvadex?	⊖ No	⊖ Yes	# MONTHS	○ No ○ Yes
158.	raloxifene or Evista?	⊖ No	⊖ Yes	# MONTHS	○ No ○ Yes
159.	Herceptin?	O No	⊖ Yes	# MONTHS	○ No ○ Yes
Aroma	atase inhibitors:				
160a.	anastrozole or Arimidex?	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
160b.	exemestane or Aromasin?	O No	⊖ Yes	# MONTHS	○ No ○ Yes
160c.	letrozole or Femara?	O No	○ Yes	# MONTHS	○ No ○ Yes
160d.	other aromatase inhibitor? Please specify:	○ No	⊖ Yes	# MONTHS	○ No ○ Yes
161.	testosterone supplements?	O No	⊖ Yes	# MONTHS	○ No ○ Yes
162.	Estratest?	O No	⊖ Yes	# MONTHS	○ No ○ Yes





	January 1, 2009, vou had	NEVER OR BEFORE 1/1/2009	HAD PROCEDURE 1/1/2009 OR LATER	If you had this procedure January 1, 2009 or later, what was the month and year?
163.	a hysterectomy (surgical removal of the uterus)?	 ○ Never had procedure ○ Had procedure <u>before</u> January 1, 2009 	○ Had procedure January 1, 2009 or later	 a. MONTH/YEAR HAD PROCEDURE MONTH Did you have all or part of either of your ovaries removed at the same time you had the hysterectomy? No → GO TO QUESTION 164 Yes c. Did you have both ovaries completely removed? one ovary and part of the other ovary removed? one ovary removed? part of one or part of both ovaries removed? d. Did you have all or part of either ovary left after this surgery? No Yes
164.	a separate surgery to remove part or all of one or both ovaries (but not your uterus)?	 ○ Never had procedure ○ Had procedure <u>before</u> January 1, 2009 	○ Had procedure January 1, 2009 or later	 a. MONTH/YEAR HAD PROCEDURE MONTH b. Did you have both ovaries completely removed? one ovary and part of the other ovary removed? one ovary removed? opart of one or part of both ovaries removed? c. Did you have all or part of either ovary left after this surgery? No Yes



SYMPTOMS OF MENOPAUSE OR PRE-MENOPAUSE

any of	ou ever experienced the following ausal symptoms?	NO	YES	a. On average, how would you rate the severity of your symptom?	b. Have you experienced any symptoms in the past 12 months?
165.	Hot flashes	○ No	⊖ Yes	○ Mild○ Moderate○ Severe	○ No ○ Yes
				How often did/do these occur in a typical week? 1 time or less 2-3 times 4 or more times Don't know 	
				For about how many total months or years did you have hot flashes? O Less than 3 months O 3 to less than 6 months O 6 months to less than 1 year O 1 to less than 2 years O 2 to less than 3 years O 3 or more years	
166.	Night sweats	⊖ No	⊖ Yes	 ○ Mild ○ Moderate ○ Severe 	○ No ○ Yes
167.	Other excessive sweating	⊖ No	⊖ Yes	○ Mild ○ Moderate ○ Severe	○ No ○ Yes
168.	Vaginal dryness	⊖ No	⊖ Yes	○ Mild ○ Moderate ○ Severe	○ No ○ Yes



any c	you ever experienced of the following opausal symptoms?	NO	YES	a. On average, how would you rate the severity of your symptom?	b. Have you experienced any symptoms in the past 12 months?
169.	Pain with intercourse	⊖ No	⊖ Yes	○ Mild○ Moderate○ Severe	○ No ○ Yes
170.	Irregular menstrual bleeding	⊖ No	⊖ Yes	○ Mild○ Moderate○ Severe	○ No ○ Yes
171.	Bladder problems	⊖ No	⊖ Yes	○ Mild ○ Moderate ○ Severe	○ No ○ Yes
172.	Depression, anxiety, or emotional distress	⊖ No	⊖ Yes	○ Mild○ Moderate○ Severe	○ No ○ Yes
173.	Insomnia	O No	O Yes	○ Mild○ Moderate○ Severe	○ No ○ Yes



SURGERIES

Since you h	January 1, 2009, have ad	NEVER OR BEFORE 1/1/2009	HAD PROCEDURE 1/1/2009 OR LATER	a. If you had this procedure January 1, 2009 or later, what was the month and year?
174.	gallbladder surgery?	 Never had procedure Had procedure <u>before</u> January 1, 2009 	○ Had procedure January 1, 2009 or later	MONTH YEAR
175.	a procedure to open or widen a heart artery, such as a balloon angioplasty or stent placement? These procedures are different from the test used to diagnose a blockage.	 ○ Never had procedure ○ Had procedure <u>before</u> January 1, 2009 	○ Had procedure January 1, 2009 or later	MONTH YEAR
176.	coronary artery bypass graft surgery?	 Never had procedure Had procedure <u>before</u> January 1, 2009 	○ Had procedure January 1, 2009 or later	MONTH YEAR





MEDICATIONS

	anuary 1, 2009, have you used any ption medicines to treat or to prevent	YES	a. If yes, are you currently taking this?	
177.	hypertension (high blood pressure)?	⊖ No	⊖ Yes	 ○ No ○ Yes, regularly ○ Yes, as needed
178.	high cholesterol?	⊖ No	⊖ Yes	 ○ No ○ Yes, regularly ○ Yes, as needed
179.	cardiac arrhythmia (irregular heartbeat)?	⊖ No	⊖ Yes	 ○ No ○ Yes, regularly ○ Yes, as needed
180.	congestive heart failure?	⊖ No	⊖ Yes	○ No ○ Yes, regularly ○ Yes, as needed
181.	diabetes?	⊖ No	⊖ Yes	 ○ No ○ Yes, regularly ○ Yes, as needed
182.	thyroid disease?	⊖ No	⊖ Yes	 ○ No ○ Yes, regularly ○ Yes, as needed
183.	osteoporosis (bone loss, or bone thinning)? Do not count calcium or vitamin D.	⊖ No	⊖ Yes	 ○ No ○ Yes, regularly ○ Yes, as needed



	anuary 1, 2009, have you used any otion medicines to treat or to prevent	NO	YES	a. If yes, are you currently taking this?
184.	rheumatoid arthritis?	⊖ No	⊖ Yes	○ No ○ Yes, regularly ○ Yes, as needed
185.	osteoarthritis?	⊖ No	⊖ Yes	○ No ○ Yes, regularly ○ Yes, as needed
186.	migraines?	⊖ No	⊖ Yes	○ No ○ Yes, regularly ○ Yes, as needed
187.	depression?	⊖ No	⊖ Yes	○ No ○ Yes, regularly ○ Yes, as needed
188.	asthma?	⊖ No	⊖ Yes	○ No ○ Yes, regularly ○ Yes, as needed
189.	Parkinson's disease?	⊖ No	⊖ Yes	○ No ○ Yes, regularly ○ Yes, as needed
190.	anxiety?	O No	⊖ Yes	○ No ○ Yes, regularly ○ Yes, as needed



regula	January 1, 2009, have you rly (at least once a week for at hree months in a row) taken	east once a week for at regularly (at least once a week for at least			ng have you taken this a week for at least
191.	acetaminophen (Tylenol)?	○ No	⊖ Yes	 ○ Less than 12 months ○ 1 year ○ 2 years 	 ○ 3 years ○ 4 years ○ More than 4 years
192.	"baby aspirin" or low-dose aspirin (100mg/tablet or less)?	O No	⊖ Yes	 ○ Less than 12 months ○ 1 year ○ 2 years 	 3 years 4 years More than 4 years
193.	aspirin or other aspirin containing products (325 mg/tablet or more)?	⊖ No	⊖ Yes	 ○ Less than 12 months ○ 1 year ○ 2 years 	 ○ 3 years ○ 4 years ○ More than 4 years
194.	ibuprofen (such as Advil, Motrin, Nuprin, etc.)?	○ No	⊖ Yes	 ○ Less than 12 months ○ 1 year ○ 2 years 	 3 years 4 years More than 4 years
195.	Celebrex or other COX-2 inhibitors?	○ No	⊖ Yes	 ○ Less than 12 months ○ 1 year ○ 2 years 	 3 years 4 years More than 4 years
196.	Aleve or Naprosyn?	O No	⊖ Yes	 ○ Less than 12 months ○ 1 year ○ 2 years 	 3 years 4 years More than 4 years
197.	Relafen, Ketoprofen, Anaprox, or other non-steroidal anti-inflammatories?	O No	⊖ Yes	 ○ Less than 12 months ○ 1 year ○ 2 years 	 3 years 4 years More than 4 years
198.	antibiotics?	O No	⊖ Yes	 ○ Less than 12 months ○ 1 year ○ 2 years 	 3 years 4 years More than 4 years



b. On average, how many days per week have you taken this?	c. On days when you take it, how many times do you take it?	d. Are you currently taking this?
 1 day per week 2-3 days per week 4-5 days per week 6-7 days per week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	○ No ○ Yes
 1 day per week 2-3 days per week 4-5 days per week 6-7 days per week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	○ No ○ Yes
 1 day per week 2-3 days per week 4-5 days per week 6-7 days per week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	○ No ○ Yes
 1 day per week 2-3 days per week 4-5 days per week 6-7 days per week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	○ No ○ Yes
 1 day per week 2-3 days per week 4-5 days per week 6-7 days per week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	○ No ○ Yes
 1 day per week 2-3 days per week 4-5 days per week 6-7 days per week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	○ No ○ Yes
 1 day per week 2-3 days per week 4-5 days per week 6-7 days per week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	○ No ○ Yes
 1 day per week 2-3 days per week 4-5 days per week 6-7 days per week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	○ No ○ Yes



These last questions are about prescription and non-prescription medications that you **currently take regularly.** This includes all pills, patches, shots, inhaled medicines, vitamins, and herbal supplements. Please include inhalers, even if you use them occasionally and include all medicines prescribed in once a month or once a year doses, such as some medicines to prevent osteoporosis.

Do not include:

- \cdot Medicines used only occasionally, such as a pain reliever once in a while for a headache
- · Aspirin or other pain medications already reported in previous questions
- 199. Do you **currently** take any prescription or non-prescription medications **regularly or seasonally**? Please include inhalers that you currently use as needed.

\bigcirc No → GO TO END, PAGE 52	
○ Yes	TOTAL #
a. What is/are the name(s) of the prescription or non-prescription medication(s) that you currently take regularly?	b. For how long have you used this regularly?
1.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
2.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
3.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
4.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
5.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years



c. How often do you take it?	d. On days when you take it, how many times do you take it?	e. In what form did you take this? (Please mark all that apply.)
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other



a. What is/are the name(s) of the prescription or non-prescription medication(s) that you currently take regularly? (If you need more space, answer the same questions for each medication and record it on a separate sheet.)	b. For how long have you used this regularly?
6.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
7.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
8.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
9.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
10.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
11.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years
12.	 Less than 12 months 1 year 2 years 3 years 4 years More than 4 years



c. How often do you take it?	d. On days when you take it, how many times do you take it?	e. In what form did you take this? (Please mark all that apply.)
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other
 Once a month or less Less than once a week Once a week 2-3 days a week 4-5 days a week 6-7 days a week 	 1 time per day 2 times per day 3 times per day 4 times per day 5 or more times per day 	 Pill Patch Inhaler Spray Cream Shot Liquid Other



Please check to see that all questions are answered.

Thank you for completing this questionnaire and for your continued participation in the Sister Study.

Please mail this form to us at the address below. A postage-paid envelope is provided.

The Sister Study, 1009 Slater Road, Suite 120, Durham, NC 27703 phone: 1-877-4SISTER (1-877-474-7837); email: update@sisterstudy.org

If you have a pathology report from a cyst aspiration, cyst removal, needle biopsy, surgical biopsy, lumpectomy, or mastectomy that you are willing to share with us, please include a copy with your completed questionnaire.

Thank you!

