

The Sister Study Health, Medical History and Lifestyle Version DFU5 - ABBREVIATED

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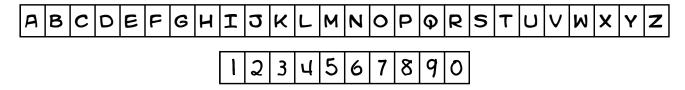
Instructions:

- Please use DARK BLUE OR BLACK BALLPOINT PEN.
- Mark only one answer for each question unless otherwise indicated.
- Follow the arrow from your response to find the next question.
- Only write comments in the spaces provided.
- Please keep this questionnaire clean, flat, and dry.
- Do not fold or tear any of the pages.

Fill in the bubbles COMPLETELY for each of the questions in this form.

Like this:

Please write responses in all capital letters and numbers without touching the sides of the boxes.



Your continued participation in the Sister Study is completely voluntary and greatly appreciated. If you are not comfortable answering a question, just skip it and go to the next one. All information you share will be kept confidential.

U.S. Department of Health and Human Services / National Institutes of Health / National Institute of Environmental Health Sciences



that the Sister Study participant fill out the form. Sometimes this is not possible ○ Mark here if you are the participant filling this out for yourself. → GO TO QUESTION 1, BELOW
o Mark Here if you are the participant ritting this out for yoursett.
O Mark here if someone is helping you fill out this questionnaire by either reading the questions to you and/or filling the bubbles for you. IF EITHER OF THESE ARE MARKED, PLEASE ALSO
O Mark here if the participant cannot answer the questions for herself and you are completing the questionnaire on her behalf. COMPLETE PAGE 7 OF THE INCLUDED "CONTACT INFORMATION UPDATE FORMATION UPDATE FORMA
What is the relationship to the participant of the person helping with the questionnaire or completing the questionnaire on behalf of the participant?
O Spouse/partner
O Sister
O Brother
O Daughter
O DaughterO SonO Friend

/ 2 0

Today's Date:

In the past 24 months, would you say your health has generally been...

- O excellent,
- O very good,
- O good,
- O fair, or
- O poor?

2. In the past 24 months, have you...

	NO	YES
a. had a routine physical exam?	0	0
b. had a bone density scan or osteoporosis screening?	0	0
c. had a screening colonoscopy or sigmoidoscopy exam?	0	0
d. had a vaccination for shingles (herpes zoster)?	0	0

What is your **current** weight (in pounds)? 3.

Р	OUNE)S

We are interested in changes to your health in the past few years. Please think about your medical history since January 1, 2017.

pro	a doctor or other health fessional ever told you t you had	NEVER DIAGNOSED	DIAGNOSED BEFORE 1/1/2017	DIAGNOSED 1/1/2017 OR LATER	a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed?
4.	breast cancer? Do not include in situ cancer.	○ Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
5.	ductal (breast) carcinoma in situ (DCIS)?	○ Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
6.	lobular (breast) carcinoma in situ (LCIS)?	O Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
7.	lung cancer?	O Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
8.	ovarian cancer?	○ Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
9.	cancer of the uterus or endometrium? Do not include non-cancerous conditions such as fibroids, endometriosis, or pre-cancer.	○ Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
10.	cancer of the colon or rectum?	○ Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
11.	Hodgkin's disease or Hodgkin's lymphoma?	○ Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
12.	non-Hodgkin's lymphoma?	○ Never	O <u>Before</u> January 1, 2017	O January 1, 2017 or later	MONTH / 2 0 YEAR
13.	leukemia?	○ Never	O <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH / 2 0 YEAR
14.	thyroid cancer?	○ Never	O <u>Before</u> January 1, 2017	O January 1, 2017 or later	MONTH / 2 0 YEAR

Has a doctor or other health professional ever told you that you had	NEVER DIAGNOSED	DIAGNOSED BEFORE 1/1/2017	DIAGNOSED 1/1/2017 OR LATER	a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed?
15. melanoma? Do not include non-melanoma skin cancers, such as basal cell carcinoma and squamous cell carcinoma.	○ Never	○ <u>Before</u> January 1, 2017	○ January 1, 2017 or later	MONTH 2 0 YEAR
16. skin cancer (not melanoma)?	○ Never	O Before January 1, 2017 If diagnosed before January 1, 2017, was it (Please mark all that apply.) O basal cell? O squamous cell? O other?	 ○ January 1, 2017 or later Was it (Please mark all that apply.) ○ basal cell? ○ squamous cell? ○ other? 	MONTH 2 0 YEAR
17. any other type of cancer not already listed?	○ Never	O Before January 1, 2017 If diagnosed before January 1, 2017, please specify what type(s) of cancer: 1)	O January 1, 2017 or later If you were diagnosed with any other type(s) of cancer January 1, 2017 or later, please specify what type(s) of cancer: 1)	MONTH 2 0 YEAR MONTH 2 0 YEAR YEAR

The Sister Study enrollment started in 2003 and ended in 2009. Since your enrollment in the Sister Study, have you received any of the following treatments for breast cancer, another cancer, or any other reason? 18. chemotherapy By chemotherapy we mean drugs used to kill cancer cells. Examples of chemotherapy include: Adriamycin, Taxol, and Carboplatin. There are many other chemotherapy drugs.	NO O No	YES (Please mark all that apply.) O Yes, for breast cancer Yes, for a cancer other than breast cancer Yes, for another reason	a. When was the first treatment? MONTH 2 0 YEAR OR AGE	b. When was the most recent treatment? MONTH 2 0 YEAR OR AGE
19. radiation treatments This may involve treatment with high dose x-rays, radioactive implants or seeds, or other ways of delivering radiation to a cancer and nearby tissues.	○ No	 Yes, for breast cancer Yes, for a cancer other than breast cancer Yes, for another reason 	MONTH 2 0 YEAR OR AGE	MONTH 2 0 YEAR OR AGE
20. immunotherapy treatments By immunotherapy, we mean treatments that use your body's immune system to better find and destroy cancer cells. Examples of immunotherapy include: Herceptin, nivolumab (Opdivo), atezolizumab (Tecentriq), Keytruda, monoclonal antibodies, immune checkpoint inhibitors, cytokines, cancer vaccines, and adoptive cell transfer.	○ No	 Yes, for breast cancer Yes, for a cancer other than breast cancer Yes, for another reason 	MONTH 2 0 YEAR OR AGE	MONTH 2 0 YEAR OR AGE
21. bone marrow or stem cell transplant	○ No	Yes, for breast cancerYes, for a cancer other than breast cancerYes, for another reason	MONTH OR	

Has a doctor or other health professional ever told you that you had	NO	YES	b. Have you ever used any prescription medications for this condition?	c. If yes, are you currently taking prescription medications?
22. high cholesterol (not borderline)?	O No	O Yes, first diagnosed before January 1, 2017 O Yes, first diagnosed January 1, 2017 or later a. What month and year were you diagnosed? MONTH YEAR	○ No ○ Yes	○ No ○ Yes
23. congestive heart failure?	O No	 Yes, first diagnosed before January 1, 2017 Yes, first diagnosed January 1, 2017 or later ↓ a. What month and year were you diagnosed? ✓ 2 0 MONTH YEAR 	○ No ○ Yes	○ No ○ Yes
24. hypertension or high blood pressure?	○ No	 Yes, first diagnosed before January 1, 2017 Yes, first diagnosed January 1, 2017 or later ↓ a. What month and year were you diagnosed? ✓ 2 0 MONTH YEAR 	○ No ○ Yes	○ No ○ Yes

Has a doctor or other health professional ever told you that you had	NO	YES	b. Have you had this condition in the past 12 months?	c. Have you ever used any prescription medications for this condition?	d. If yes, are you currently taking prescription medications?
25. cardiac arrhythmia (irregular heartbeat)?	O No	 Yes, first diagnosed before January 1, 2017 Yes, first diagnosed January 1, 2017 or later ↓ a. What month and year were you diagnosed? ✓ 2 0 MONTH YEAR 	○ No ○ Yes	○ No ○ Yes	○ No ○ Yes
26. angina?	O No	 Yes, first diagnosed before January 1, 2017 Yes, first diagnosed January 1, 2017 or later ↓ a. What month and year were you diagnosed? MONTH YEAR 	○ No ○ Yes	○ No ○ Yes	○ No ○ Yes

Has a doctor or other health professional ever told you that you had	NO	YES	a. If you had this January 1, 2017 or later, what was the month and year?
27. a heart attack or myocardial infarction?	O No	 Yes, my <u>first</u> heart attack was <u>before</u> January 1, 2017 Yes, my <u>first</u> heart attack was January 1, 2017 or later 	MONTH YEAR
28. a stroke (this does not include TIA or "mini-stroke")?	O No	 Yes, my <u>first</u> stroke was <u>before</u> January 1, 2017 Yes, my <u>first</u> stroke was January 1, 2017 or later → 	MONTH YEAR
29. a mini-stroke or TIA (transient ischemic attack)?	○ No	 Yes, my <u>first</u> mini-stroke was <u>before</u> January 1, 2017 Yes, my <u>first</u> mini-stroke was January 1, 2017 or later → 	MONTH YEAR

Have you ever had	NEVER OR BEFORE 1/1/2017	HAD PROCEDURE 1/1/2017 OR LATER	a. If you had this procedure January 1, 2017 or later, what was the month and year?
30. a balloon angioplasty, stent placement, or other procedure to open or widen a heart artery? These procedures are different from the test used to diagnose a blockage.	 Never had procedure Had procedure <u>before</u> January 1, 2017 	○ Had procedure January 1, 2017 or later	MONTH YEAR
31. a coronary artery bypass graft surgery?	Never had procedureHad procedure before January 1, 2017	O Had procedure January 1, 2017 or later	MONTH YEAR

Has a doctor or other health professional ever told you that you had	NO	YES	b. Do you still have this condition?
32. pre-diabetes, borderline diabetes, or an elevated A1C test without diabetes?	○ No	 ○ Yes, first diagnosed before January 1, 2017 ○ Yes, first diagnosed January 1, 2017 or later ■ A. If first diagnosed 1/1/2017 or later, what month and year were you diagnosed? ■ A. If Month Mo	○ No ○ Yes
33. diabetes? Do NOT include pre-diabetes or borderline diabetes.	○ No	 ○ Yes, first diagnosed before January 1, 2017 ○ Yes, first diagnosed January 1, 2017 or later a. If first diagnosed 1/1/2017 or later, what month and year were you diagnosed? MONTH 	○ No ○ Yes

- Did you **ever** take insulin for diabetes? 34.
 - No → GO TO QUESTION 35

○ Yes	34a. When did you <u>first</u> use insulin?	MONTH YEAR
	34b. Do you currently take insulin?	NoYes, by injectionYes, by indwelling pumpYes, by other method
		Please specify:

- 35. Have you ever used any other prescription medications, not including insulin, for diabetes?
 - \circ No \rightarrow GO TO QUESTION 36 ON NEXT PAGE
 - Yes



Hav	re you ever used the following prescription medications for diabetes?	NO	YES	a. If yes, are you currently taking this medication?
a.	Metformin alone (not in combination with other medications) Examples include Metformin (Glucophage), Metformin liquid (Riomet), or Metformin extended release (Glucophage XR, Fortamet, Glumetza)	O No	○ Yes	○ No ○ Yes
b.	Metformin in combination with other medications Examples include Pioglitazone & metformin (Actoplus Met), Glyburide & metformin (Glucovance), Glipizide & metformin (Metaglip), Sitagliptin & metformin (Janumet), Saxagliptin & metformin (Kombiglyze), Repaglinide & metformin (Prandimet), Linagliptin and metformin (Jentadueto), Empagliflozin and metformin (Synjardy), Dapagliflozin and metformin (Xigduo XR)	O No	○ Yes	○ No ○ Yes
c.	Sulfonylureas Examples include Glimepiride (Amaryl), Glyburide (Micronase, DiaBeta), Glipizide (Glucotrol), or Micronized glyburide (Glynase)	○ No	○ Yes	○ No ○ Yes
d.	Any other, please specify:	○ No	○ Yes	○ No ○ Yes

Has a doctor or other health professional ever told you that you had	NEVER OR BEFORE 1/1/2017	DIAGNOSED 1/1/2017 OR LATER
36. Parkinson's disease?	 Never diagnosed Diagnosed <u>before</u> January 1, 2017 	O Diagnosed January 1, 2017 or later a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed? MONTH

- 37. Have you ever used any prescription medications for Parkinson's disease? Examples include Levodopa, Sinemet, Parcopa, Stalevo, Mirapex, Requip, Neupro patch, or Azilect.
 - \bigcirc No \rightarrow GO TO QUESTION 38



37a.	Did your symptoms ever improve after taking any of these medications?	○ No ○ Yes
37b.	Are you currently taking any of these medications?	○ No ○ Yes

Has a doctor or other health professional ever told you that you had	NO	YES	b. Have you had this condition in the past 12 months?
38. depression?	○ No	 Yes, first diagnosed before January 1, 2017 Yes, first diagnosed January 1, 2017 or later ↓ a. What month and year were you diagnosed? ✓ MONTH 	 ○ No ○ Yes c. Have you taken medication for depression in the past 12 months? ○ No ○ Yes

Has a doctor or other health professional ever told you that you had	NEVER OR BEFORE 1/1/2017	DIAGNOSED 1/1/2017 OR LATER	a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed?
39. emphysema?	 Never diagnosed Diagnosed before January 1, 2017 	○ Diagnosed January 1, 2017 or later	MONTH / 2 0 YEAR
40. chronic obstructive pulmonary disease (COPD)?	Never diagnosedDiagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH / 2 0 YEAR

Has a doctor or other health professional ever told you that you had	NEVER OR BEFORE 1/1/2017	1/1/2017 OR LATER	a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed?
41. Graves' disease, or hyperthyroidism, or overactive thyroid?	Never diagnosedDiagnosed before 1/1/2017	○ Diagnosed 1/1/2017 or later	MONTH / 2 0 YEAR

IF DIAGNOSED ψ

b.	Were you treated with radioactive iodine?	 Never Yes, <u>before</u> 1/1/2017 Yes, 1/1/2017 or later
c.	Did you have surgery to remove your thyroid?	 Never Yes, <u>before</u> 1/1/2017 Yes, 1/1/2017 or later

Has a doctor or other health professional ever told you that you had	NEVER OR BEFORE 1/1/2017	1/1/2017 OR LATER	a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed?
42. Hashimoto's thyroiditis, or hypothyroidism, or underactive thyroid?	Never diagnosedDiagnosed before 1/1/2017	○ Diagnosed 1/1/2017 or later	MONTH / 2 0 YEAR
43. any other type of thyroid disease or thyroid condition? Do NOT include thyroid cancer.	O Never diagnosed O Diagnosed before 1/1/2017 If diagnosed before January 1, 2017, please specify the condition:	O Diagnosed 1/1/2017 or later If you were diagnosed January 1, 2017 or later, please specify the condition:	MONTH YEAR

44.	Are you currently taking propylthiouracil/PTU (Propycil) or Methimazole/MMI (Tapazole) for thyroic
	disease or a thyroid condition?

 \circ No

○ Yes

45. Are you currently taking levothyroxine (e.g. Levoxyl, Levo-T, Synthroid, Tirosint, Unithroid) for thyroid disease or a thyroid condition?

 \circ No

○ Yes

pro	s a doctor or other health ofessional ever told you that u had	NEVER OR BEFORE 1/1/2017	DIAGNOSED 1/1/2017 OR LATER	a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed?
46.	rheumatoid arthritis? Do not include osteoarthritis or psoriatic arthritis.	Never diagnosedDiagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR
47.	psoriatic arthritis? Do not include osteoarthritis or rheumatoid arthritis.	Never diagnosedDiagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR
48.	multiple sclerosis?	○ Never diagnosed○ Diagnosed <u>before</u>January 1, 2017	O Diagnosed January 1, 2017 or later	MONTH YEAR
49.	scleroderma or systemic sclerosis?	○ Never diagnosed○ Diagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR
50.	systemic lupus erythematosus (SLE)? Do not include discoid lupus.	○ Never diagnosed○ Diagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR
51.	Sjögren's syndrome?	○ Never diagnosed○ Diagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR

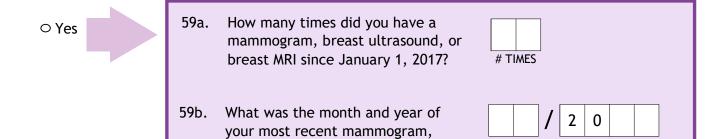
- Have you ever used any prescription medications for autoimmune diseases such as rheumatoid 52. arthritis, multiple sclerosis, scleroderma or systemic sclerosis, systemic lupus erythematosus (SLE; do not include discoid lupus), psoriatic arthritis (do not include psoriasis without arthritis), or Sjögren's syndrome?
 - \circ No \rightarrow GO TO QUESTION 53 ON NEXT PAGE
 - Yes

	e you ever used any of the following types of medications for an pimmune disease?	NO	YES	a. If yes, are you currently taking this type of medication?
a.	Immune-modifying prescription medications Examples: Hydroxychloroquine or chloroquine (Plaquenil); Methotrexate (Rheumatrex or Trexall); Azathioprine (Imuran), Mycophenolate mofetil (Cellcept), Cyclophosphamide (Cytoxan), and Cyclosporine	○ No	○ Yes	○ No○ Yes, regularly○ Yes, as needed
b.	Biologics Examples: Remicade, Humira, Enbrel, Benlysta, and rituximab (Rituxan)	○ No	○ Yes	NoYes, regularlyYes, as needed
C.	Other types of prescription medications, not including immune-modifying prescription medications or biologics Do not include corticosteroids/steroids such as prednisone, cortisone or methylprednisolone (Medrol). Also do not include over-the-counter pain relievers such as acetaminophen (Tylenol), aspirin, or non-steroidal anti-inflammatory medications [e.g. ibuprofen (Motrin), naproxen (Naprosyn)]. Specify first/only other type of prescription medication: 1)	○ No	○ Yes	○ No○ Yes, regularly○ Yes, as needed
	Specify any <i>additional</i> other type of prescription medication: 2)	○ No	○ Yes	NoYes, regularlyYes, as needed

Has a doctor or other health professional ever told you that you had	NEVER OR BEFORE 1/1/2017	DIAGNOSED 1/1/2017 OR LATER	a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed?
53. Crohn's disease?	Never diagnosedDiagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR
54. ulcerative colitis?	Never diagnosedDiagnosed beforeJanuary 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR
55. Alzheimer's disease?	Never diagnosedDiagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR
56. dementia excluding Alzheimer's disease?	Never diagnosedDiagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR
	Please specify type of dementia you had before January 1, 2017:	Please specify type of dementia you had since January 1, 2017:	
57. shingles?	Never diagnosedDiagnosed <u>before</u>January 1, 2017	○ Diagnosed January 1, 2017 or later	MONTH YEAR

Since January 1, 2017, has a doctor or other health professional told you that you had	NEVER OR BEFORE 1/1/2017	DIAGNOSED 1/1/2017 OR LATER	a. If diagnosed January 1, 2017 or later, what month and year were you diagnosed?
58. any other major health condition? Do not report any cancer or health condition reported elsewhere in this questionnaire.	 Never diagnosed Diagnosed <u>before</u> January 1, 2017 If diagnosed before January 1, 2017, please specify what type of major health condition(s): 	O Diagnosed January 1, 2017 or later If you were diagnosed with any other major health condition(s) January 1, 2017 or later, please specify what type of major health condition(s):	
	1)	1)	MONTH YEAR
	2)	2)	MONTH / 2 0 YEAR

- 59. Since January 1, 2017, have you had a mammogram, breast ultrasound, or breast MRI?
 - No → GO TO QUESTION 60 ON NEXT PAGE



breast ultrasound, or breast MRI?

МОИТН

YEAR



Since January 1, 2017, were you told you had any of the following benign breast conditions after a cyst aspiration, cyst removal, needle biopsy, surgical biopsy, lumpectomy, or mastectomy?

Have you ev	ver had	NEVER OR BEFORE 1/1/2017	1/1/2017 OR LATER	a. If you had this January 1, 2017 or later, what was the month and year?	
nonpro within For exa hyperp	vistic or benign bliferative changes normal range? ample, cysts, mild blasia, benign cations, fibrosis, etc.	○ Never○ Yes, <u>before</u>January 1, 2017	○ Yes, January 1, 2017 or later	MONTH YEAR	
61. fibroad	denoma?	 Never Yes, <u>before</u> January 1, 2017 What type? Simple fibroadenoma Complex fibroadenoma Both Don't know 	○ Yes, January 1, 2017 or later	b. What type? Simple fibroadenoma Complex fibroadenoma Both Don't know	
62. benign	breast disease?	NeverYes, <u>before</u>January 1, 2017	○ Yes, January 1, 2017 or later	MONTH YEAR	
For ex adeno papillo hyperp	eration without atypia? cample, sclerosing sis, intraductal oma, moderate olasia, suspicious cations, etc.	○ Never○ Yes, <u>before</u>January 1, 2017	○ Yes, January 1, 2017 or later	MONTH YEAR	
64. atypica	al hyperplasia?	 Never Yes, <u>before</u> January 1, 2017 What type? Atypical ductal hyperplasia Atypical lobular hyperplasia Both Don't know 	○ Yes, January 1, 2017 or later	b. What type? Atypical ductal hyperplasia Atypical lobular hyperplasia Both Don't know	

65.	Regardless of the findings, did you keep a copy of the pathology report(s) from the cyst aspiration, cyst remova
	needle biopsy, surgical biopsy, lumpectomy, or mastectomy that you are willing to share with us?

 \bigcirc No

○ Yes → PLEASE INCLUDE A COPY WITH YOUR COMPLETED QUESTIONNAIRE.

○ Not applicable



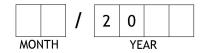
	O Yes 66a. Have you had a menstrual period in the past 12 months? ○ No → ANSWER BOX A BELOW ○ Yes → ANSWER BOX B ON PAGE 20								
	DOV A								
	BOX A BOX IS FOR WOMEN WHO HAVE <u>NOT</u> HAD A MENSTRUAL PERIOD IN THE PAST 12 MONTHS. OTHERS GO TO QUESTION 66d ON NEXT PAGE.								
66b.	What month and year did you have your last menstrual period or how old were you when you had your last menstrual period? OR MONTH OR AGE								
66c.	Why did your periods stop? Please choose one response that best describes your situation.								
	O My periods stopped on their own (naturally).								
	O My periods stopped on their own but I began taking hormone replacement therapy before my periods fully stopped.								
	O My periods stopped after my uterus or ovaries were removed								
	(be sure to answer questions 71 and 72 on page 23).								
	O My periods stopped due to radiation or chemotherapy.								
	O My periods stopped after having a uterine or endometrial ablation.								
	O My periods stopped after having a uterine embolization,								
	also known as a uterine artery embolization or uterine fibroid embolization.								
	O My periods stopped due to medicine that causes the ovaries to make less hormones or								
	medicine that has this as a side effect. O My periods stopped because I am taking the kind of birth control pills that								
	make me not have periods. O My periods stopped for some other reason. Please describe in the box below:								
	GO TO QUESTION 66g ON PAGE 21								



BOX B

THIS BOX IS FOR WOMEN WHO HAVE HAD A MENSTRUAL PERIOD IN THE PAST 12 MONTHS.

66d. When was your last menstrual period?



What statement best describes you? 66e.

- My periods have not stopped and I am not taking hormones.
- O My periods have not stopped but I am taking hormones.
- O My periods stopped temporarily but restarted when I stopped taking birth control pills.
- O My periods stopped temporarily, but I have had episodes of bleeding since the time when I started taking hormones.
- O My periods stopped temporarily but restarted when I began taking hormone replacement therapy.

GO TO QUESTION 66g ON NEXT PAGE

OR

O My periods stopped sometime in the last 12 months. → GO TO QUESTION 66f

- 66f. Why did your periods stop? Please choose one response that best describes your situation.
 - O My periods stopped on their own (naturally).
 - O My periods stopped on their own but I began taking hormone replacement therapy before my periods fully stopped.
 - O My periods stopped after my uterus or ovaries were removed (be sure to answer questions 71 and 72 on page 23).
 - O My periods stopped due to radiation or chemotherapy.
 - My periods stopped after having a uterine or endometrial ablation.
 - O My periods stopped after having a uterine embolization, also known as a uterine artery embolization or uterine fibroid embolization.
 - O My periods stopped due to medicine that causes the ovaries to make less hormones or medicine that has this as a side effect.
 - O My periods stopped because I am taking the kind of birth control pills that make me not have periods.
 - O My periods stopped for some other reason, please describe in the box below:



66a	Since January	, 1	2017	have	hazu uov	anv	hormonal	hirth	control?
oog.	Since January	/ I,	ZUI/,	Have '	you useu	ally	Hormonai	ווו נוו	COTILIOIS

 \circ No \rightarrow GO TO QUESTION 67

○ Yes

The next questions are about **female hormone products** often used for hormone replacement therapy (HRT).

Since	January 1, 2017, have you used	NO	YES	a. If yes, how many months in all have you used this since January 1, 2017?	b. Do you currently use this female hormone product(s)?
67.	estrogen and progesterone at the same time, whether as a combination product (such as Prempro or Combipatch) or as separate medications (for example Premarin plus Provera or a progesterone shot)? Do not include vaginal creams, rings, or suppositories.	O No	○ Yes	# MONTHS	○ No ○ Yes
68.	estrogen alone, whether as a pill (such as Premarin), patch, or other form (such as a spray, gel, or implant), with no additional progesterone in any form?	○ No	○ Yes	# MONTHS	○ No ○ Yes
	Do not include vaginal creams, rings, or suppositories.				
69.	progesterone alone (not for birth control)?	○ No	○ Yes	# MONTHS	○ No ○ Yes

Since January 1, 2017, have you used	NO	YES	a. If yes, how many months in all have you used this since January 1, 2017?
70. vaginal estrogen creams, rings, or suppositories?	○ No	○ Yes	# MONTHS
			b. Do you currently use this female hormone product(s)?NoYes
			 c. Does this product also contain progesterone? No Yes Don't know
			 d. Did you also take progesterone in another form (e.g., patch, pill) during the time you were using vaginal estrogen creams, rings, or suppositories? No Yes

Have	you ever had	NEVER OR BEFORE 1/1/2017	HAD PROCEDURE 1/1/2017 OR LATER	If you had this procedure January 1, 2017 or later, what was the month and year?
71.	a hysterectomy (surgical removal of the uterus)?	 ○ Never had procedure ○ Had procedure before January 1, 2017 	○ Had procedure January 1, 2017 or later	a. MONTH/YEAR HAD PROCEDURE
72.	a separate surgery to remove part or all of one or both ovaries (oophorectomy), but not your uterus?	○ Never had procedure ○ Had procedure <u>before</u> January 1, 2017	○ Had procedure January 1, 2017 or later	a. MONTH/YEAR HAD PROCEDURE

- 73. During the past 12 months, have you taken any vitamins or minerals regularly?
 - \circ No, not regularly \rightarrow GO TO QUESTION 77 ON NEXT PAGE
 - Yes, fairly regularly



12 m	g the past onths , have aken	NO	YES	a. How often?	b. For how many years in all have you taken this?	c. How much did you usually take on the days you took it?
74.	Calcium without vitamin D?	○ No	○ Yes	 A few days per month 1 - 3 days per week 4 - 6 days per week Every day 	 Less than 1 year 1 year 2 years 3 - 4 years 5 - 9 years 10+ years 	Calcium: O Less than 600 mg O 600 mg O More than 600 mg
75.	Calcium plus vitamin D?	O No	○ Yes	 ○ A few days per month ○ 1 - 3 days per week ○ 4 - 6 days per week ○ Every day 	 Less than 1 year 1 year 2 years 3 - 4 years 5 - 9 years 10+ years 	Calcium: O Less than 600 mg O 600 mg O More than 600 mg Vitamin D: O Less than 2000 IU O 2000 IU O More than 2000 IU
76.	Vitamin D alone?	○ No	○ Yes	 A few days per month 1 - 3 days per week 4 - 6 days per week Every day 	 Less than 1 year 1 year 2 years 3 - 4 years 5 - 9 years 10+ years 	Vitamin D: Chess than 2000 IU 2000 IU More than 2000 IU

77. Which of the following best describes your **current** marital status? Please choose the **one** response that best describes your current situation.

GO TO QUESTION 78

O Never married

O Widowed

Divorced

Separated

 Married, civil union or living with someone as though married



77a. How many years have you been married or living as though married with this spouse/partner?

OR OLess than 1 year

YEARS

77b. Is your spouse/partner a man or a woman?

○ Man

O Woman

78. Thinking about last year, which of the following best describes your total family income from all household members before taxes? Please include income from all sources such as annuities, social security, stocks, alimony, and child support earned in the past year.

○ Less than \$20,000

○ \$20,000 to \$49,999

○ \$50,000 to \$99,999

○ \$100,000 to \$200,000

○ More than \$200,000

79. Last year, how many people, including yourself, were supported by that income?

01

 \circ 2

O 3-4

○ 5-6

O 7-8

O More than 8

				During the year	rs you smoked,
Since January 1, 2017	NO	YES	a. IF YES, in which years did you smoke? (Please mark all that apply.)	b. How many days per week do/did you smoke?	c. How many cigarettes do/did you usually smoke per day on the days you smoked?
80. did you smoke 10 cigarettes or more?	O No	○ Yes	20172018201920202021	 Less than one day per week 1-3 days per week 4-6 days per week Every day 	# CIGARETTES

Since January 1, 2017	NO	YES	a. If yes, in which years since January 1, 2017 did you drink alcohol? (Please mark all that apply.)	b. About how often did you drink alcohol?	C. On average, how many drinks did you have on the days that you drank alcohol?
81. have you drunk alcoholic beverages?	O No	○ Yes	○ 2017 ○ 2018 ○ 2019 ○ 2020 ○ 2021	 Every day 5-6 times per week 3-4 times per week 2 times per week Once per week 2-3 times per month Once per month A few times per year 	 7 or more 6 5 4 3 2 1

82. Since January 1, 2017, have you had a full-time or part-time job other than homemaking that you held for at least 12 months (at least 9 months if it was a teaching job)?



 \circ Yes \rightarrow GO TO QUESTION 83 ON NEXT PAGE



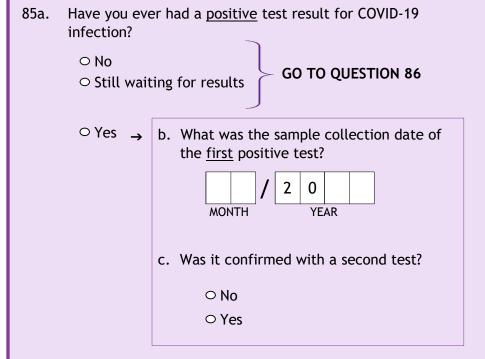
- 83. Have you moved since January 1, 2017?
 - No → GO TO QUESTION 84 ON NEXT PAGE

○ Yes	83a. What month and year did you move into your current residence? MONTH YEAR
	83b. Please write down your current address. STREET #
	STREET NAME APT #
	CITY OR TOWN STATE ZIP CODE
	83c. Please write down the name of the nearest cross street (the street that intersects with the street where you live):
	NAME OF NEAREST CROSS STREET

No, I Proba sympt	a positive COVID-19 test but never felt sick have not been sick with COVID-19 ably not: I was sick with some of the same toms but don't think it was COVID-19
○ Yes, I ↓	was sick with suspected/confirmed COVID-19
84a.	What was the approximate date you started feeling sick? If you had this more than or report for the time when you were the most sick.
84b.	How many days until you recovered? That is, how many days until you felt well enough to resume your normal activities? ○ Not yet recovered → b1. Approximately how many days have you been sick so far? # DAYS
84c.	Were you admitted to the hospital? Do NOT include visit(s) to the Emergency Department only. ○ No → GO TO QUESTION 85 ON NEXT PAGE
	○ Yes → c1. How many days in hospital <u>so far</u> ? Do NOT include days in long-term rehabilitation/rehab. # DAYS
	c2. Did you go to a long-term rehabilitation/rehab

- 85. Have you ever been tested for an <u>ACTIVE</u> COVID-19 infection? This tests for virus causing infection <u>at that time</u>. (Do NOT include antibody tests, blood tests used to measure past infection with COVID-19.)
 - $^{\circ}$ No \rightarrow GO TO QUESTION 86
 - Yes (nasal or throat swab, or saliva sample)





↓	○ No		
	○ Yes		
Please specify:			
• • •	Please specify:		

Are there any other health or life events you wish we had asked about?

86.

Please check to see that all questions are answered.

Thank you for completing this questionnaire and for your continued participation in the Sister Study.

> Please mail this form to us at the address below. A postage-paid envelope is provided.

The Sister Study, 4505 Emperor Blvd, Suite 400, Durham, NC 27703 phone: 1-877-4SISTER (1-877-474-7837); email: update@sisterstudy.org

If you have a pathology report from a cyst aspiration, cyst removal, needle biopsy, surgical biopsy, lumpectomy, or mastectomy that you are willing to share with us, please include a copy with your completed questionnaire.

Thank you!

